## ACADEMIC CALENDAR TECHNIQUES FOR HEALING THE FRACTURED SELF (EGO STATE APPROACHES) UK EGO STATE 202201 - APRIL 2022 INTAKE

| TOPICS   | DATE                   | DAYS   | TIME             |
|--|------------------------|--|------------------|
| Online Moodle Material (Self Learning)   | 1 April 2022           | Solution Focused Therapy   |                  |
| Introduction (Live Webinar)  | 13 April 2022          | Thursday   | 8.30am - 9.30am  |
| Online Moodle Material (Self Learning)   | 16 – 20 April 2022     | An introduction to Ego State Therapy, Accessing Ego<br>States in Therapy, Working with Ego States  |                  |
| Live Virtual Lecture : Ego State Therapy: Theory                               | 21 April 2022          | Thursday   | 8.30am - 9.30am  |
| Live Virtual Training - Lecture 1 - Ego States: Wellbeing / Positive Resources | 23 & 24 April 2022     | Saturday & Sunday  | 8.30am - 12.00pm |
| Online Moodle Material (Self Learning)   | 25 April – 20 May 2022 | Combining Ego State Therapy with EMDR, Ego State<br>Therapy for Trauma, Ego State Therapy for Anger<br>Management, Ego State Therapy for Smoking and<br>Weight Management Issues |                  |
| Live Virtual Training - Lecture 2 - Ego States: Other protocols                | 21 & 22 May 2022       | Saturday & Sunday  | 8.30am - 12.00pm |
| Online Moodle Material (Self Learning)   | 23 – 25 May 2022       | Physical and Sexual Abuse and Rape   |                  |
| Live Virtual Lecture : Physical and Sexual Abuse and Rape                      | 26 May 2022            | Thursday   | 8.30am - 9.30am  |
| Online Moodle Material (Self Learning)   | 27 May – 1 June 2022   | Abusive Relationships and Emotional Abuse  |                  |
| Live Virtual Lecture : Abusive Relationships and Emotional Abuse               | 2 June 2022            | Thursday   | 8.30am - 9.30am  |
| Online Moodle Material (Self Learning)   | 3 – 8 June 2022        | Obsessive Compulsive Disorder  |                  |
| Live Virtual Lecture : Obsessive Compulsive Disorder                           | 9 June 2022            | Thursday   | 8.30am - 9.30am  |
| MCQ EVALUATION   | 18 June 2022           | Saturday   | 10.00am -12.00pm |